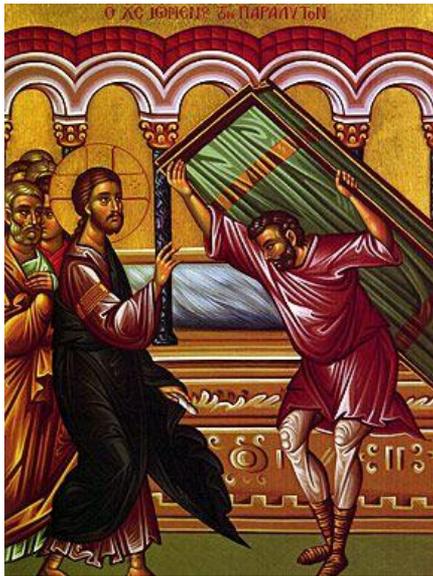


SAINT INNOCENT ORTHODOX CHURCH

May 19, 2019
4th Sunday of Pascha
Sunday of the Paralytic



7301 Rivoli Road, Macon, GA 31220
478-994-1648, www.st-innocent.org
Priest Theophan Buck

Troparion and Kontakion

Tone 3 Troparion (*Resurrection*)

Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm. He has trampled down death by death. He has become the first born of the dead. He has delivered us from the depths of hell, and has granted to the world// great mercy.

Tone 3 Kontakion (*from the Pentecostarion*)

By Thy divine intercession, O Lord, as Thou didst raise up the Paralytic of old, so rise up my soul, paralyzed by sins and thoughtless acts; so that being saved I may sing to Thee:// “Glory to Thy power, O compassionate Christ!”

Tone 8 Kontakion (*Pascha*)

Thou didst descend into the tomb, O Immortal, Thou didst destroy the power of death. In victory Thou didst arise, O Christ God, proclaiming, “Rejoice!” to the Myrrhbearing Women// granting peace to Thine Apostles, and bestowing Resurrection on the fallen.

(Instead of “It is truly meet ...,” we sing:)

The Angel cried to the Lady, full of grace: “Rejoice, O pure Virgin! Again, I say: Rejoice, thy Son is risen from His three days in the tomb! With Himself He has raised all the dead.” Rejoice, O ye people! Shine, shine, O new Jerusalem! The glory of the Lord has shone on thee. Exult now, and be glad, O Zion! Be radiant, O pure Theotokos, in the Resurrection of thy Son!

Epistle and Gospel Readings

Epistle: Acts 9:32-43

³²Now it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. ³³There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. ³⁴And Peter said to him, “Aeneas, Jesus the Christ heals you. Arise and make your bed.” Then he arose immediately. ³⁵So all who dwelt at Lydda and Sharon saw him and turned to the Lord. ³⁶At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. ³⁷But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. ³⁸And since Lydda was near Joppa,

and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. ³⁹ Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. ⁴⁰ But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. ⁴¹ Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. ⁴² And it became known throughout all Joppa, and many believed on the Lord. ⁴³ So it was that he stayed many days in Joppa with Simon, a tanner.

Gospel: John 5:1-15

¹ After this there was a feast of the Jews, and Jesus went up to Jerusalem. ² Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. ³ In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. ⁴ For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. ⁵ Now a certain man was there who had an infirmity thirty-eight years. ⁶ When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" ⁷ The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." ⁸ Jesus said to him, "Rise, take up your bed and walk." ⁹ And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. ¹⁰ The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." ¹¹ He answered them, "He who made me well said to me, 'Take up your bed and walk.'" ¹² Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" ¹³ But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. ¹⁴ Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." ¹⁵ The man departed and told the Jews that it was Jesus who had made him well.

Many Years!

Anniversaries 24 Jacqueline & John Stevens

Birthdays 25 Sarah Magnusson

Announcements for Sunday, May 19, 2019:

- Fr. Theophan will be giving a parish update during coffee hour. We plan on having a town hall style discussion of events and happenings in the parish. Please make it a point to be there as your feedback is valued.
- **Charity Opportunity!** Between Mothers Day and Fathers Day (June 16), we are participating in the Monroe County Pregnancy Center's fundraiser, "the Baby Bottle Boomerang". It is a locally run and supported pro life program offering a number of services for young women with an unplanned pregnancy. To support, grab one of the baby bottles and fill them with your extra coins, or make a donation via check, cash, Realm etc. Make sure you list The Pregnancy Center on the subject line of the check or on the envelope if cash. The bottles may be returned at any time to Father or a Charity group member. Thanks for your participation!

We welcome all visitors to our Divine Liturgy this morning.

There are green service booklets in the entrance area of our Church that will help you follow along with the service if you like. While Holy Communion may only be received by prepared Orthodox Christians, our non-Orthodox guests are welcome to join us in venerating the cross and receiving the Holy Bread at the conclusion of the Divine Liturgy.

Please join us for coffee hour in the Parish Hall!